



**Ice Follies Hellebore**  
*Helleborus 'Ice Follies'*

Height: 16 inches

Spread: 24 inches

Spacing: 18 inches

Sunlight: ● ●

Hardiness Zone: 4a

Other Names: Lenten Rose, Winter Rose

Group/Class: Winter Thriller Series

**Description:**

This attractive variety produces bushy mounds of thick evergreen leaves; flower stalks, held above the foliage bear cream to pale yellow blooms with dark red veins and spotting; a great selection for shade gardens

**Ornamental Features**

Ice Follies Hellebore features showy nodding buttery yellow cup-shaped flowers with creamy white overtones, chartreuse eyes and dark red spots at the ends of the stems from late winter to early spring. Its attractive serrated oval compound leaves remain dark green in color throughout the year.

**Landscape Attributes**

Ice Follies Hellebore is an herbaceous evergreen perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant, and should be cut back in late fall in preparation for winter. Deer don't particularly care for this plant and will usually leave it alone in favor of tastier treats. It has no significant negative characteristics.

Ice Follies Hellebore is recommended for the following landscape applications;

- Mass Planting
- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Naturalizing And Woodland Gardens



*Ice Follies Hellebore flowers*  
Photo courtesy of NetPS Plant Finder



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### **Planting & Growing**

Ice Follies Hellebore will grow to be about 14 inches tall at maturity, with a spread of 24 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 18 inches apart. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an evergreen perennial, this plant will typically keep its form and foliage year-round.

This plant does best in partial shade to shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution, and will benefit from being planted in a relatively sheltered location. This particular variety is an interspecific hybrid, and parts of it are known to be toxic to humans and animals, so care should be exercised in planting it around children and pets. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.